



WINTHROP REC. RAMBLERS

TRACK AND FIELD PROGRAM

Once again, this summer the Winthrop Rec Ramblers Track and Field club will participate in the Summer USA Track and Field program. The team is for any Girl or Boy age 7 to 14 who would like to be a part of a Track Team. You can be an experienced participant or just wanting to try out running a race, throwing a shot put, or doing the high jump. Our program offers great flexibility. If you are going to be out of town for a week, it is no problem to miss a meet.

This year we are going to hold 2 practices per week to promote more team building.

*Practices will be Monday and Wednesday mornings
from 9:00am to 10:30am.*

We do not use buses and hope parents will help
in carpooling to meets.

**MEET SCHEDULE IS NOT AVAILABLE AT THIS TIME
WE WILL PRINT ONCE IT IS AVAILABLE**

Please download and complete the USA TF Registration form

http://www.meusatf.org/files/USATF_Memberships.pdf

**Participants will need a copy of their Birth Certificate to register
and bring to first practice**

FEE \$45.00

(Includes USA TF Registration, and Meet Fees, **Does Not** include Team Shirt)

