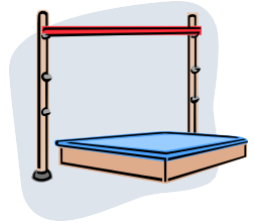




WINTHROP REC. RAMBLERS TRACK AND FIELD PROGRAM



Once again, this summer the Winthrop Rec Ramblers Track and Field club will participate in the Summer USA Track and Field program. The team is for any Girl or Boy age 7 to 14 who would like to be a part of a Track Team. You can be an experienced participant or just wanting to try out running a race, throwing a shot put, or doing the high jump. Our program offers great flexibility. If you are going to be out of town for a week, it is no problem to miss a meet.

This year we are going to hold 2 practices per week to promote more team building.

Practices will be Monday and Wednesday mornings from 9:00am to 10:30am.

We do not use buses and hope parents will help in carpooling to meets.

Participants will need a copy of their Birth Certificate to register and bring to first practice

FEE \$45.00 (Includes USA TF Registration, and Meet Fees, Does Not include Team Shirt)



Thursday June 28th	10:00am	Maranacook	B Meet
Thursday July 5th	10:00am	Cony HS	A Meet
Thursday July 12th	10:00am	Winslow HS	B Meet
Thursday July 19th	10:00am	Gardiner HS	A Meet
Thursday July 26th	10:00am	Cony HS	B Meet
Thursday Aug 2nd	10:00am	Cony HS	Qualifier Meet
Saturday Aug 11th	9:00am	Cony HS	State Championship