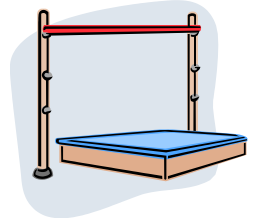


WINTHROP REC. RAMBLERS TRACK AND FIELD PROGRAM



Once again this summer the Winthrop Rec Ramblers Track and Field club will participate in the Summer USA Track and Field program. The team is for any Girl or Boy age 7 to 14 who would like to be a part of a Track Team. You can be an experienced participant or just wanting to try out running a race, throwing a shot put, or doing the high jump. Our program offers great flexibility. If you are going to be out of town for a week, it is no problem to miss a meet. This year we are going to hold 2 practices per week in order to promote more team building.

Practices will be Monday and Wednesday evening from 6:00-7:30pm.

We will not be using buses this year and hope parents will help in carpooling to meets.



DAY	DATE	TIME	LOCATION	MEET
Thur	June 29	10:00am	Cony HS—Augusta	A
Thur	July 6	10:00am	Winslow HS—Winslow	B
Thur	July 13	10:00am	Maranacook CS--Readfield	A
Thur	July 20	10:00am	To Be Announced	B
Thur	July 27	10:00am	Waterville HS—Waterville	A
Thur	August 3	10:00am	Cony HS--Augusta	Qualifier
Sat	August 12	9:00am	Thornton Academy--Biddeford	States



Please download and complete the USA TF Registration form

http://www.meusatf.org/files/USATF_Memberships.pdf

Participants will need a copy of their Birth Certificate to register and bring to first practice on Monday June 19th at 6:00pm

FEE \$45.00

(Includes USA TF Registration, and Meet Fees, **Does Not** include Team Shirt)